

HUNGER STRIKE TO THE DEATH IN DEFENSE OF LIFE

Message to the society, my family, my friends

My name is Aristotelis Chantzis, as a member and resident of the Community of Squatted Prosfygika on Alexandras Avenue, I am going on a hunger strike to the death, recognizing this action as a means of struggle to highlight a collective struggle aimed at preserving Prosfygika of Alexandras Avenue as social housing and as a structure of solidarity for vulnerable social groups, as an organized community of struggle.

The attack we are facing is part of the holistic attack by the state and capitalism on the world of community, self-organization, solidarity, and social resistance.

The Community of Squatted Prosfygika was born in 2010, a period when Greek society was constantly on the streets, in assemblies in the squares and in solidarity structures, trying to find a solution to life under the boot of the memorandum regime. The Community of Squatted Prosfygika continues to participate in social and class struggles.

The state, regardless of which government was in power, planned the abandonment and degradation of Prosfygika as a standard tactic before the onslaught of gentrification. Over the years, it has used every unethical means to serve the interests of private individuals, contractors, companies, and to strengthen the political clientele of regional governors, municipal authorities, and the government. If it weren't for the community taking care of the buildings of Prosfygika all these years, they would have been demolished long ago.

The Community of Squatted Prosfygika is a social proposal against the world of loneliness, individualization, insecurity, homelessness, and inadequate or non-existent medical care that states and capitalism push upon us. We have built 22 solidarity structures for education, health, food, culture, art, technical support for housing, the empowerment and collectivisation of women and femininities, the democratisation of the family, and individual participation in common affairs. We build relationships of trust, security, friendship, and solidarity with our fellow human beings. These relationships and structures are not limited to certain members but are our social proposal for the whole of society. We operate directly democratically through weekly general assemblies and plenary conferences.

Our goal is to solve social problems. Our goal is to create a community and solidarity structures that support vulnerable social groups.

Through the hunger strike, I invite you to see this community, its solidarity structures, and its residents up close, to get to know us, to expand the world of community, to unite our voices, our anguish for life, and our struggles!

Regarding the hunger strike to the death:

As the Community of Squatted Prosfygika, we have decided to defend our social proposal, the people, the structures, and the historical memory of the Prosfygika to the end. It is our clear choice and our responsibility to give even our lives for the continuation of life. Because we know that if Prosfygika are evacuated, a large portion of us will find ourselves on the street. The elderly and the sick will die on the streets, and children will lose their homes and schools, with incalculable consequences for their physical and mental health and the course of their lives. Based on this collective decision to defend ourselves, I have voluntarily decided to go on a hunger strike to the death, with the utmost respect for life.

The method I have chosen allows the striker to go on a long hunger strike, so that there is enough time to communicate the demands to society. Of course, I am aware that I may experience health complications from the first days and throughout the strike, not so much from starvation but from cardiac arrest. I also know that even if the outcome is successful, chronic starvation can cause irreparable damage, mainly to my nervous system, even during the recovery period.

My diet includes:

Water, Tea, 10-25 grams of Sugar per day, 1-1.5 teaspoons of Salt per day, Vitamins B1, B6, B12, Magnesium and Potassium.

The demands of this hunger strike are:

- **IMMEDIATE CANCELLATION OF THE CONTRACT BY THE REGION OF ATTICA.**
- **ALL RESIDENTS OF PROSFYGIKA TO REMAIN IN THEIR HOMES, IN THE PLACE AND AREA WHERE THEY LIVE AND HAVE ESTABLISHED SOCIAL, CULTURAL, AND ORGANICAL TIES.**
- **CONCRETE GUARANTEES TO BE GIVEN FOR THE RESTORATION OF PROSFYGIKA BY THE NON-PROFIT CIVIL LAW COMPANY "KATOIKOI KAI FILOI PROSFYGIKON L. ALEXANDRAS NON PROFIT CIVIL LAW COMPANY" WITH ITS OWN SELF-FINANCING! – NO PUBLIC FUNDS FOR THE “REDEVELOPMENT” OF PROSFYGIKA!**

Aristotelis Chantzis
Member and resident of the Community of Squatted Prosfygika, L. Alexandras

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